

Beat: News

Health Editors Briefed On Latest Research On Yoga

Involving Divyangs

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USPA NEWS - The Minister of State for AYUSH (Independent Charge) and Health & Family Welfare, Mr. Shripad Yesso Naik addressing at the inauguration of the National Health Editors' Conference.

Special Efforts Being Made To Involve Divyangs In The Yoga Day Functions: AYUSH Minister

In the run up to the International Day of Yoga, 2016 a National Health Editor's conference on "Yoga for Holistic Health "Recent Researches" was organized on June 8, by the Ministry of AYUSH in association with Press Information Bureau, Government of India at the National Media Centre. The event was inaugurated by the Minister of State for AYUSH (Independent Charge), Mr. Shripad Yesso Naik, and seven eminent experts from diverse fields presented recent researches in the field of Yoga demonstrating its advantages in attaining holistic health.

The event witnessed participation from over 125 media persons including national and regional media, both print and electronic.

Addressing the health editors, the Minister said that there are a number of research works conducted all over the World on different aspects of Yoga and its utility in the promotion of health, prevention and management of various disorders, besides improvement in the physiological functions of the body.

Referring to the preparations for this year's Yoga Day, the Minister added that the Government has decided to take forward the momentum created last year with greater and more active participation of all sections of the society, particularly Divyangs. The main programme would be the Mass Yoga Demonstration from 7 AM to 8 AM on 21st June, 2016 by following the Common Yoga Protocol for 45 minutes. Additionally, the various Yoga Institutions are free to follow their own protocol for the remaining 15 minutes, the Minister explained.

Mr. Shripad Naik said that momentum of last year will be carried forward with active participation of all sections of society particularly the youth. Yoga-fests, seminars, workshops, musical and cultural programmes based on Yoga, involving students from schools, colleges, universities, various youth organizations, such as, NYKS, NSS, RWAs, etc are being organized.

Speaking on the occasion, Secretary AYUSH, Mr. Ajit M. Sharan said that arrangements are being made to organize Yoga day celebrations in every country wherever India has a diplomatic Mission.

Picture Description: The Minister of State for AYUSH (Independent Charge) and Health & Family Welfare, Mr. Shripad Yesso Naik addressing at the inauguration of the National Health Editors' Conference on Yoga for Holistic Health-Recent researches, jointly organised by the Ministry of AYUSH and Press Information Bureau, in New Delhi on June 08, 2016. The Secretary of AYUSH, Mr. Ajit M. Sharan and the Director General (M&C), Press Information Bureau, Mr. A.P. Frank Noronha are also seen.

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